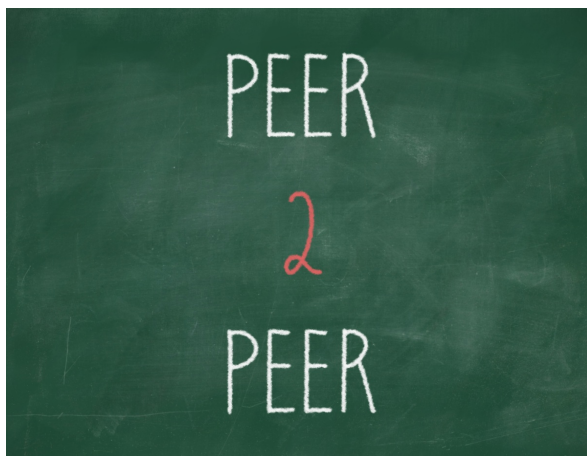




All You Have To Do Is Call

As the end of an unprecedented year approaches, we read the news with hope, for it seems we will finally see that light at the end of the tunnel. While we wait, we must not forget that however strained we are feeling, there is always something we can do to help someone else. Whether it is by tutoring, mentoring, connecting or simply calling to say hello, the stories below are proof that a little gesture can make a big difference.



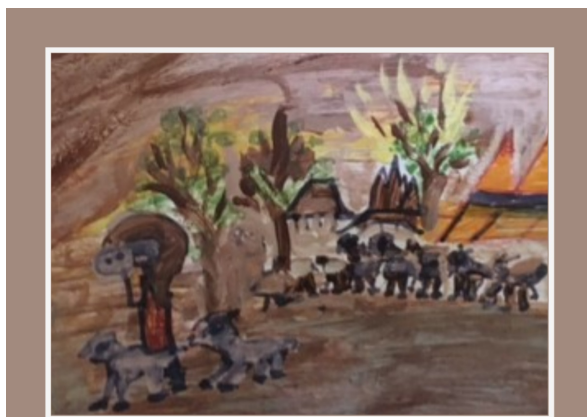
Peers To The Rescue

For a great part of this year, school-aged children experienced distance-learning for the very first time. Some of those children, having recently arrived in Canada, had the added challenge of attending classes in a language that was not their own. To help them, we recruited senior students as mentors.

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Do What Makes You Happy

Courage is deciding to take the wheel of your own life, at any stage, and going after the things that will bring you joy. Whether that is starting a new job, a new career or a new life, having the support of a friend (or a stranger) goes a long way.

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Community

Our words and actions have meaning beyond our intentions. Even when we are not trying, the way we conduct ourselves has an impact on those around us. So when your job is to serve, you are aware of the possibilities and make a conscious effort to positively affect your clients.

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Together

The United Way Active and Connected Seniors' Program at CultureLink continues to provide company and support to members of our community. Through weekly calls and virtual sessions, we reach out to make sure they stay physically and emotionally healthy.



Given a creative space, children will explore and cultivate artistic skills. In that process, they find confidence and learn how to use their voices. The result -empowered newcomer and refugee children- is what makes the Nai Choir's work so important. Donate today to help us reach even more families.

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