

RESILIENCE 2022

KICKING IT

WITH

THE HOMIES





WHAT RESILIENCE LOOKS LIKE WITH YOUTH IN TORONTO.



Being with friends.

Meeting new people.

Exploring.

Having a space to
hangout without
pressure.

**IN SEPT 2022, E3 YOUTH
HOSTED A FIVE (5) WEEK
PHOTOGRAPHY PROGRAM
FOR SIX (6) YOUTH FROM
THE EAST WALL/WEST MALL
COMMUNITY.**

**THIS PROGRAM WAS THEMED
AROUND ‘RESILIENCE:
HEALING THROUGH
PHOTOGRAPHY’.**

**PARTICIPANTS USED THEIR
MOBILE DEVICES TO TAKE
PHOTOGRAPHS AROUND THE
AREA.**

**WE USED MUSIC AND SONGS
TO TRANSLATE OUR FEELINGS
AND EXPLORED OUR TREES OF
LIFE.**

**IN THE FOLLOWING PAGES
YOU’LL MEET THE YOUTH AND
SEE THEIR EXPLORATIONS IN
PHOTOGRAPHY.**

**TCH PROGRAM COORDINATOR:
CHERYL CORNEJO
PHOTOGRAPHY FACILITATOR:
CELESTE COLE**

REPORT DETAILS

of youth participants: 6
of sessions: 5
of meals: 27
(1) arts facilitator; (2)
support staff

Community Engaged:
THE EAST WALL/WEST MALL

Program Focus: mobile photo

tools: SMARTPHONES WITH
CAMERA, tripods & smartphone
holder attachments

Workshop format and outcomes

session 1: Intros to
individuals in the room and
photography. As a group we
started off flipping through
magazines and photography
books. Each participant
selected a photograph.

We shared why we were drawn
to the photograph and how/
when/where the photograph
could have been created.

Session 2: Reviewing
photography rules & intro
to our theme.

The facilitator introduced
the photography rules

that were used in the
photographs chosen from the
last class.

We explored the rule of
thirds, negative space,
filling the frame, balance &
symmetry.

We started a discussion on
the theme of resilience.
What makes us feel
supported and how can music
change our mood?

We explored a basketball
court nearby with our
cameras.

Session 3: We had an in-
studio portrait session.
We tried to mimic how
music makes us feel in our
portraits.

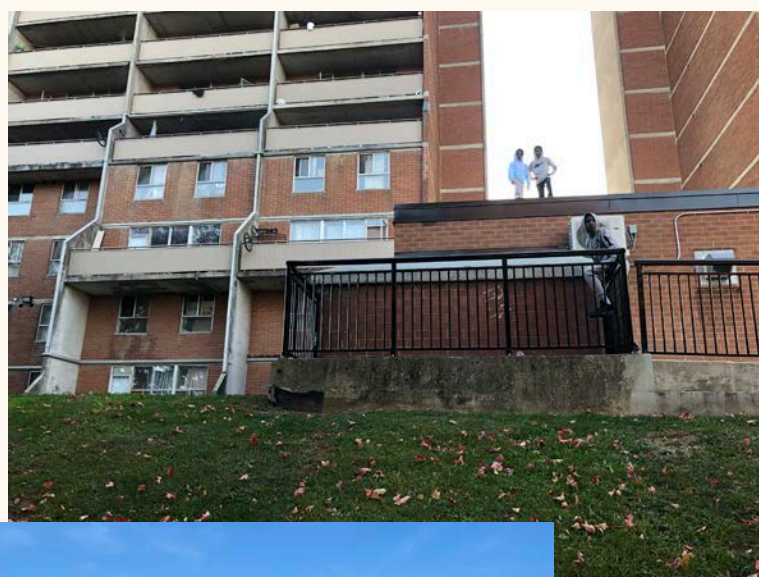
Session 4: We went
outside and explored our
surroundings. We attempted
the photography rules
explained in the past
classes.

We started a Tree of Life
exercise, to visually
represent our life.

Session 5: We finished our
trees and celebrated with
basketball!



rule of thirds,
negative space,
filling the frame,
balance & symmetry.

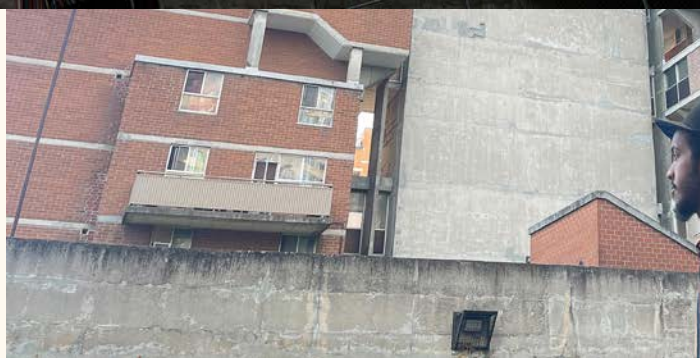


Sulaiman

Lil Tjay - Beat the odds









Abdi

3m trench - Ready for war war









Jahlaya



Oklou - god's chariots

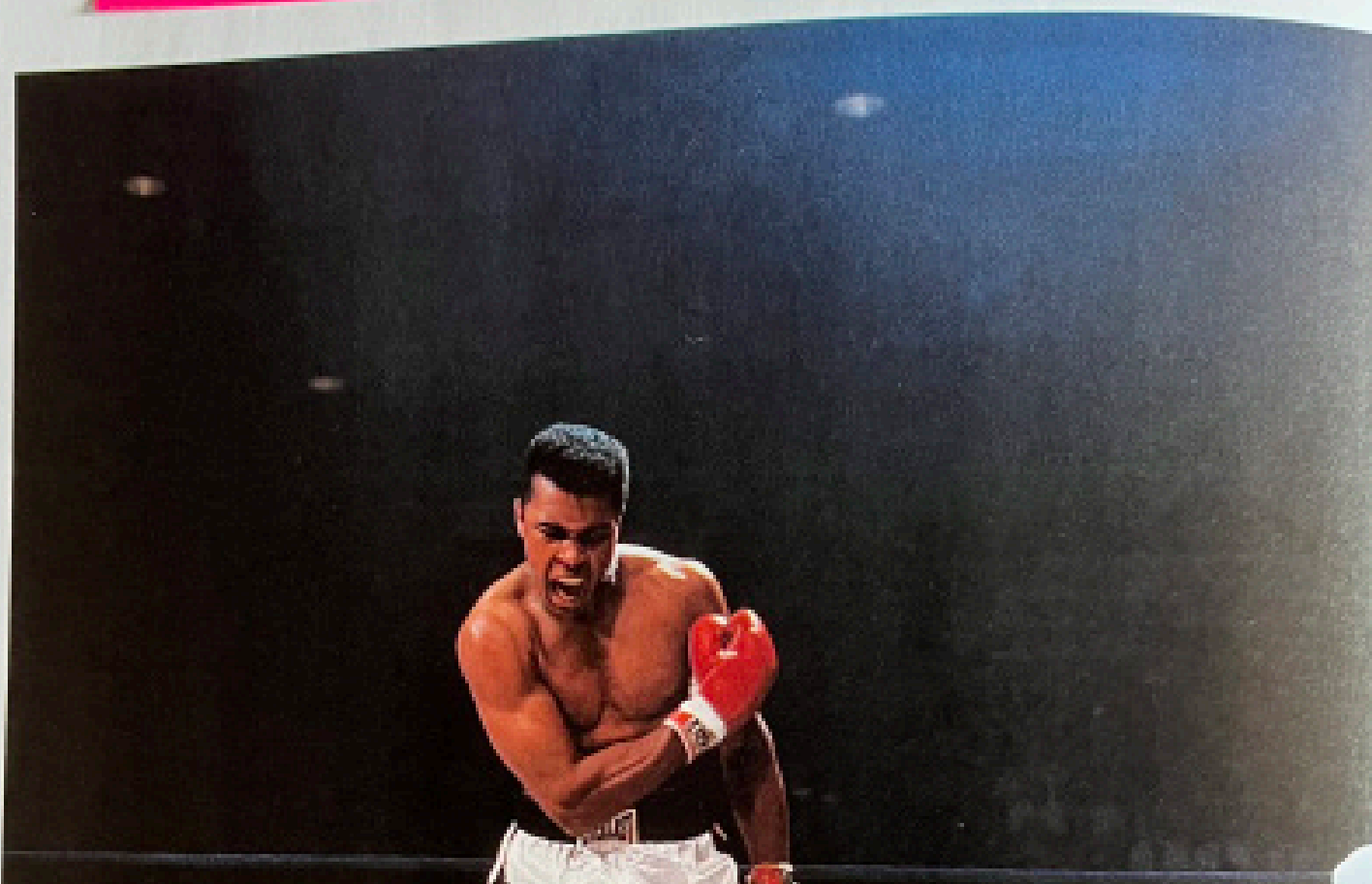




MUHAMMAD

LISTON

Neil Leifer, 1965



Liban
-Nie Choppa Top Shotta Flow

So much of great photography is being in the right spot

SPORTS

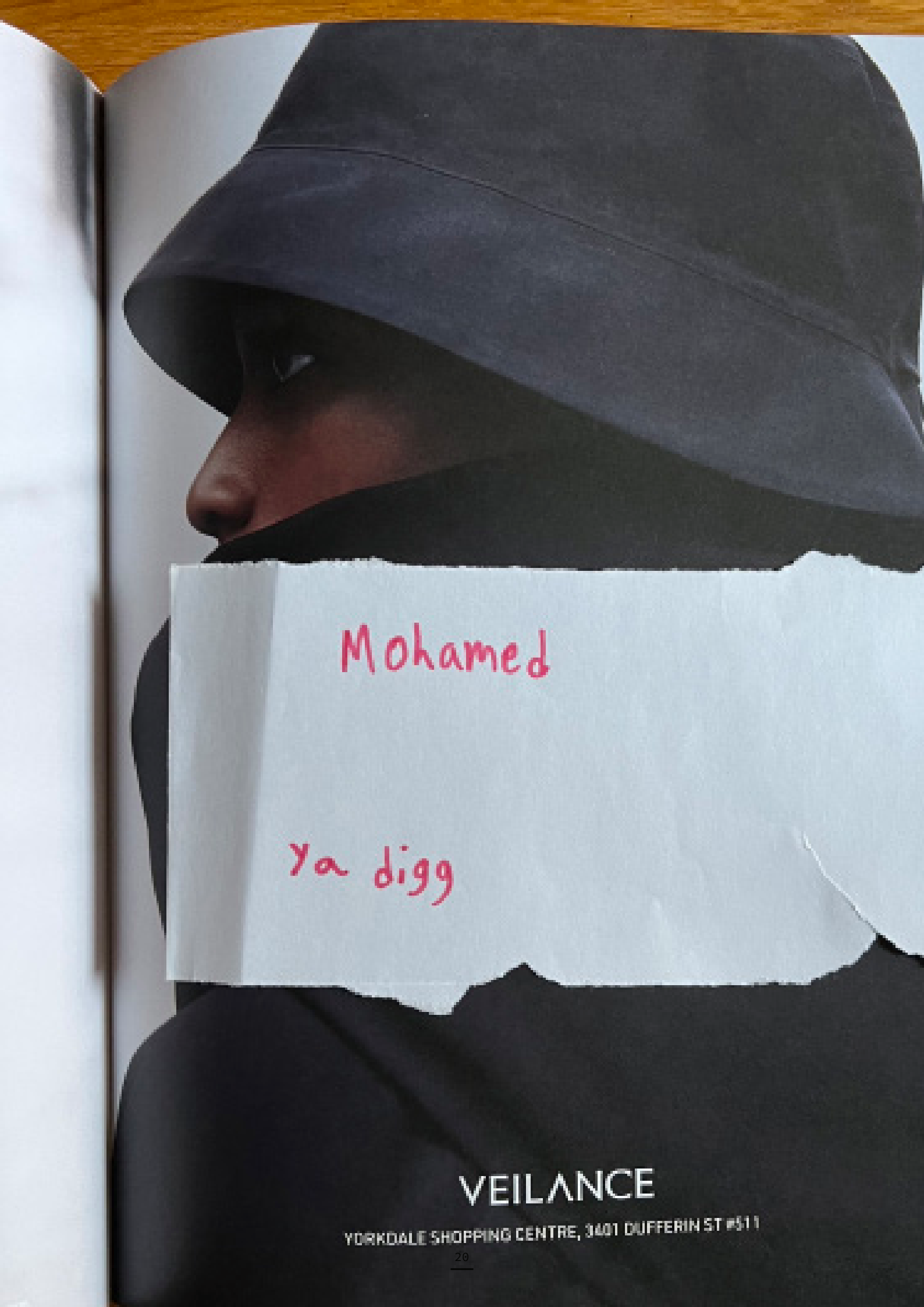
hopper

as obvi-

Liston went down. Leifer snapped the photo of
towering over his vanquished opponent
"Get up and fight, sucker!"
thick clouds.







Mohamed

Ya digg

VEILANCE

YORKDALE SHOPPING CENTRE, 3401 DUFFERIN ST #511







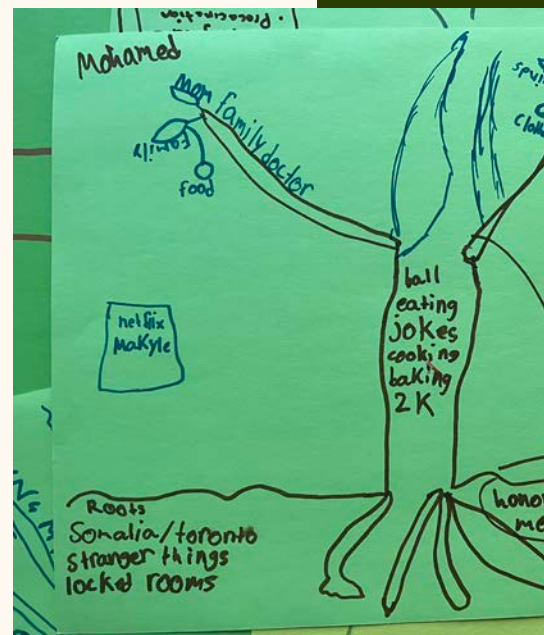
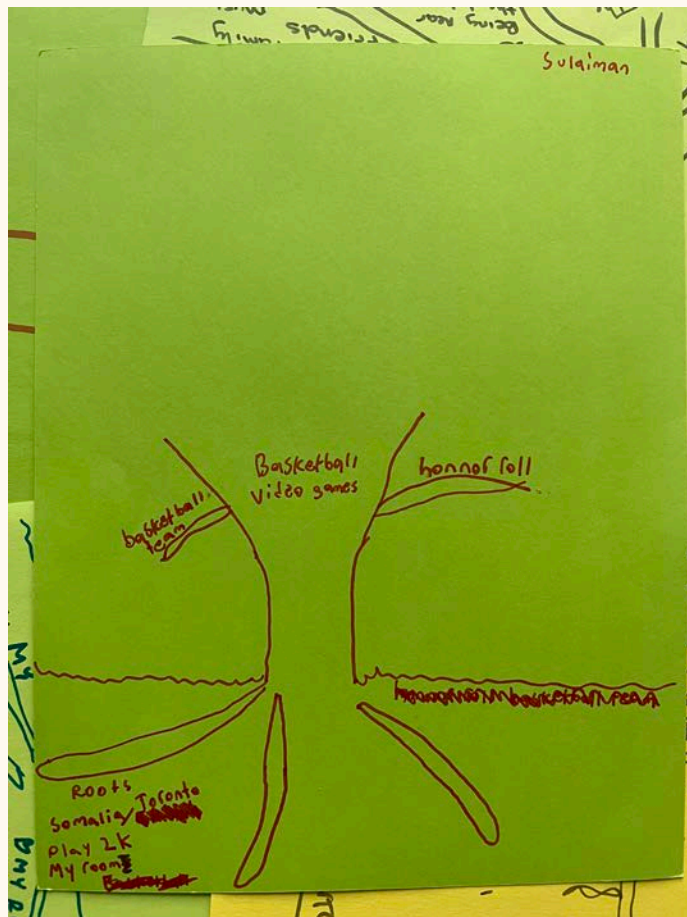
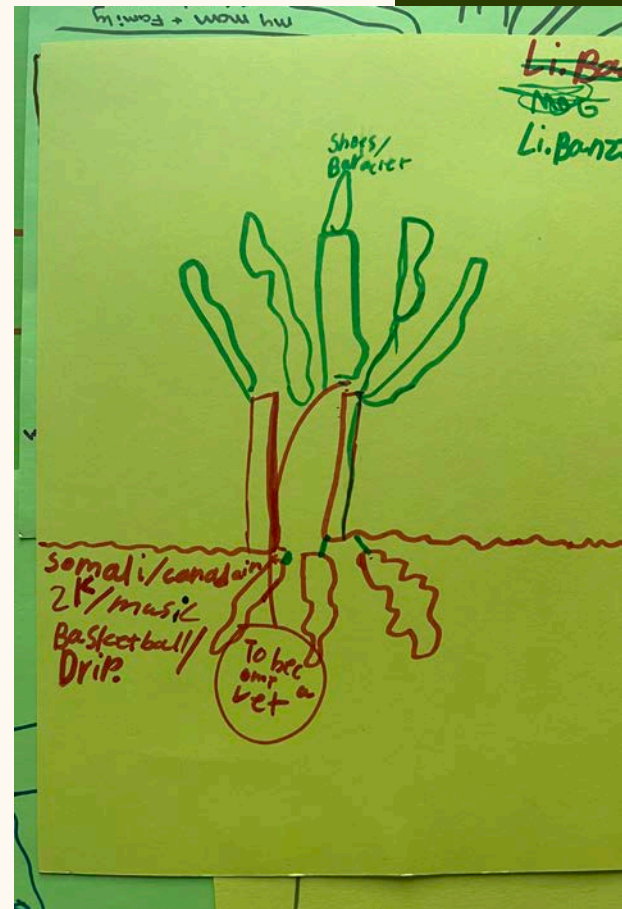
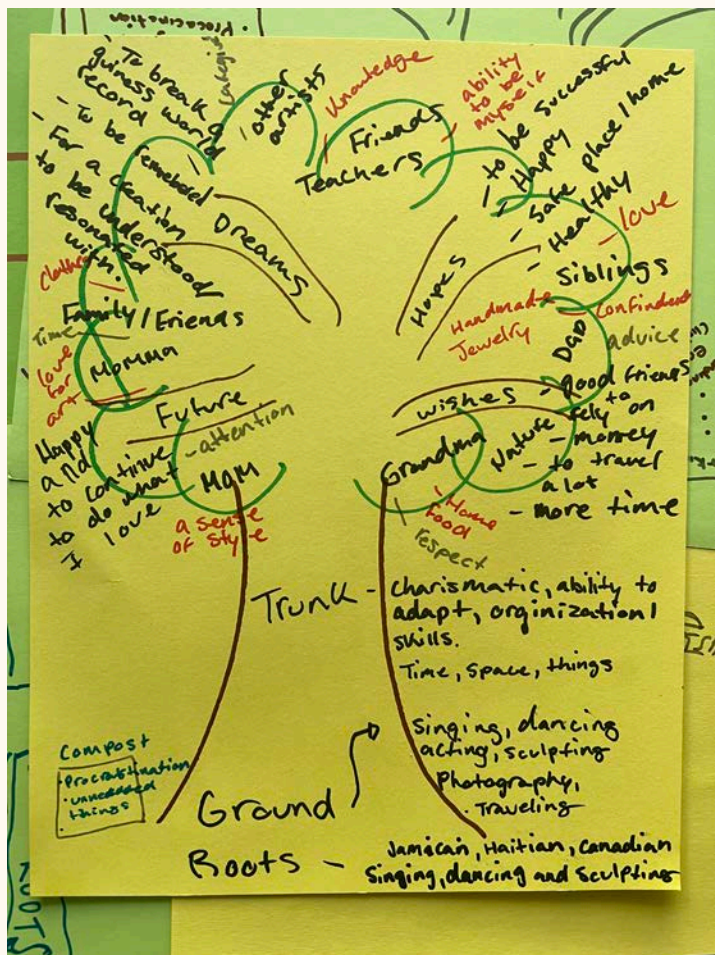
Nabil
Lil Baby - U digg











As we continued our visual story telling, we worked on our “Trees of Life”*. We used this exercise to see our sense of identity; to imagine our futures.

THE ROOTS & THE GROUND represented where we come from, our ancestry and where we are now.

THE TRUNK represents our our talents and abilities.

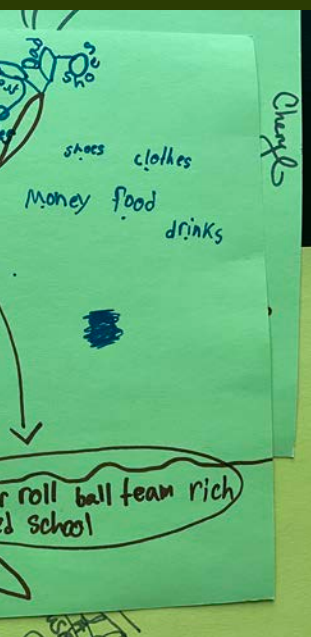
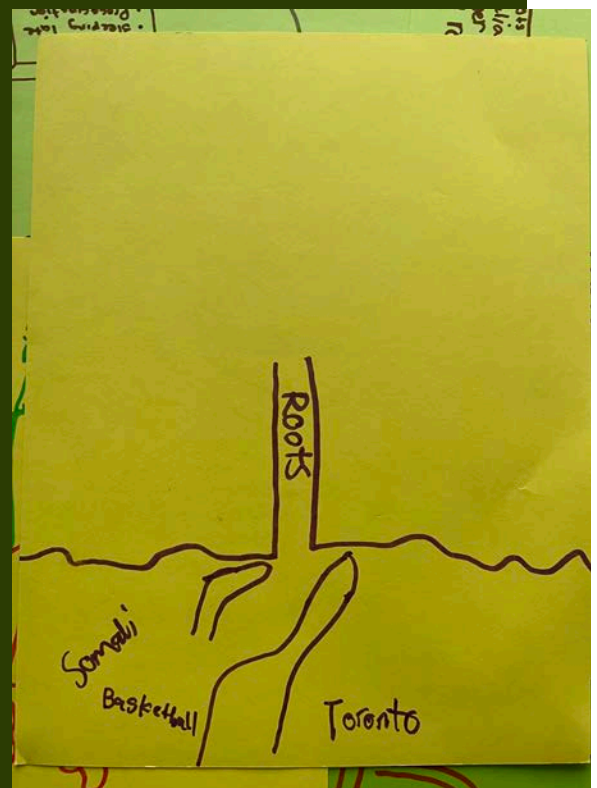
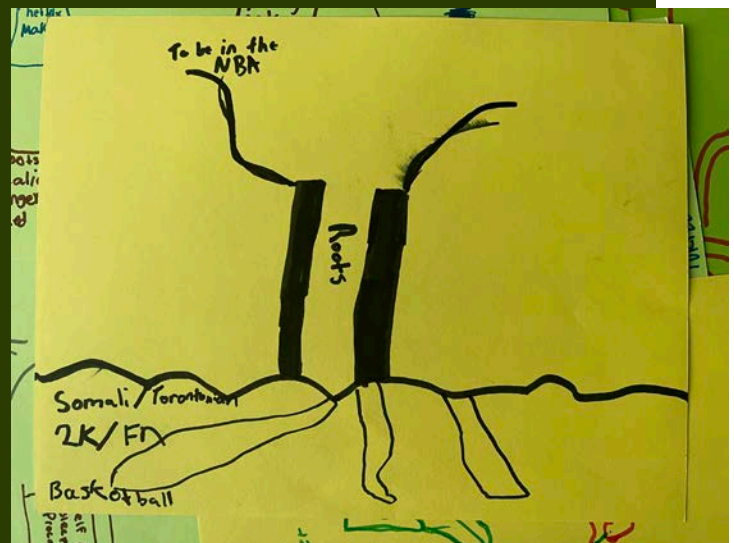
THE BRANCHES represents our goals.

THE LEAVES represent people important to us.

THE FRUIT represents gifts and acts of kindness we were given.

THE SEEDS represents gifts and acts of kindness we’ve given.

THE COMPOST represents things we no longer have use for.



*THE TREE OF LIFE EXERCISE WAS DEVELOPED BY NCAZELO NCUBE-MLILO IN COLLABORATION WITH DAVID DENBOROUGH.

CULTURE LINK X TORONTO COMMUNITY HOUSING

E3 YOUTH

THANK YOU.



EMPOWER
ELEVATE
EDUCATE
E³
YOUTH